



# Living Beyond Yourself

## *A Study Through Ephesians*

### Part 20

### Your Speech – Rotten or Fruitful?

#### Ephesians 4:29

Do not let any “rotten” talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.



The Big Idea - Words are either rotten or good – \_\_\_\_\_!

### The Negative Command

Do not let any rotten talk come out of your mouths...

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_ - (Eph. 4:25).
- \_\_\_\_\_, \_\_\_\_\_ words (Eph. 4:26,31)
- \_\_\_\_\_ (Eph. 4:31)

*“Forgiveness does not change the past but it does \_\_\_\_\_ your heart.”*

- "Obscenity, foolish talk or coarse joking" (Eph. 5:4)
  - \_\_\_\_\_ words (Eph. 5:6-7)
- “I love talking about nothing. It’s the only thing I \_\_\_\_\_ about.”*

*“Our use of our tongue is a sure reflection of the condition of our hearts.”*

Sinclair Ferguson

### Why?

First, it breaks down the \_\_\_\_\_ of the body of Christ.

Second, it destroys our \_\_\_\_\_ to the world.

### The Positive Alternative

Do not let any rotten talk come out of your mouths, but only what is helpful for building others up according to their needs...

Circle the key words

1 Thessalonians 5:14 Brothers and sisters, we urge you to warn those who are lazy. Encourage those who are timid. Take tender care of those who are weak. Be patient with everyone. (New Living Translation)

*“Spend more time giving people a piece of your \_\_\_\_\_ rather than a piece of your \_\_\_\_\_.”*

### The Result

... that it may benefit those who listen.

### Think about your words!

Do they produce more \_\_\_\_\_ or \_\_\_\_\_?